

**CGLA
September 2023**

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				Labor Day Holiday
4	5	6	7	8
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG Cereal Fruit Milk	WG Cereal Fruit Milk	Yogurt & WG Granola Fruit Milk	WG Turkey Sausage, Egg & Cheese Bagel Fruit Milk	WG Waffles Fruit Milk
Labor Day Holiday	Lunch	Lunch	Lunch	Lunch
	WG Chicken Nuggets Tots Baby Carrots WG Goldfish Crackers Fruit Milk	Grilled Chicken Sandwich on WG Bun Baked Beans Fruit Milk	WG Mini Pepperoni Calzones (beef) Green Beans Marinara Fruit Milk	Cheeseburger on WG Bun Sweet Potato Fries Seasoned Corn Fruit Milk
11	12	13	14	15
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG Blueberry Bread Fruit Milk	Egg & Cheese on WG Croissant Fruit Milk	WG Mini French Toast Fruit Milk	WG Cini Mini Fruit Milk	WG Chicken Biscuit Fruit Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Parmesan Sandwich on WG Bun Tots Baby Carrots Fruit Milk	Meatball Sub Green Beans Cucumber Slices Fruit Milk	Spaghetti w/ Meat Sauce Broccoli WG Garlic Bread Fruit Milk	Fried Chicken Leg Baked Beans Mashed Potato WG Roll Fruit Milk	WG Pizza Sweet Potato Fries Celery Sticks Fruit Milk
18	19	20	21	22
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG Cereal Fruit Milk	WG Breakfast Cookie Fruit Milk	WG Mini Waffles Fruit Milk	WG Turkey Sausage, Egg & Cheese Bagel Fruit Milk	WG Pancakes Fruit Milk
Lunch	Lunch	Lunch	Lunch	Lunch
WG Chicken Nuggets Baby Carrots Green Beans WG Goldfish Crackers Fruit Milk	Nachos Pinto Beans Salsa Tortilla Chips Fruit Milk	Mini Calzones (beef pepperoni) Broccoli Marinara Fruit Milk	BBQ Chicken Sandwich on WG Bun Sweet Potato Fries Seasoned Corn Fruit Milk	WG Mini Corn Dogs (chicken) Tots Veggie Sticks Fruit Milk
25	26	27	28	29
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG Cereal Bar Fruit Milk	WG Pancake Sandwich Fruit Milk	WG Mini Waffles Fruit Milk	WG Chocolate Crescent Fruit Milk	WG Chicken Biscuit Fruit Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Patty Sandwich on WG Bun Baby Carrots Sweet Peas Fruit Milk	WG Quesadillas Pinto Beans Salsa Fruit Milk	WG Mac N' Cheese Broccoli Celery Sticks WG Roll Fruit Milk	WG Cheese Stuffed Bread Sticks Green Beans Marinara Fruit Milk	WG Pizza Tots Cucumber Slices Fruit Milk

* All items subject to availability from distributors; last minute changes may be necessary *

** Laughing Sprouts is an Equal Opportunity Employer **